

## Things the school does to reduce bullying

- ◆ Positive **role modelling** by staff and student leaders.
- ◆ Encouraging students to be **accepting & tolerant** of differences - studying different cultures, countries & beliefs.
- ◆ Acknowledging **every student has strengths**.
- ◆ Encouraging students to take **responsibility** for the **choices** they make and to look for ways of **repairing** damage done
  - ◆ Teach **internet safety** skills and knowledge.
  - ◆ Keep **regular contact** with parents.
  - ◆ Teach the Child **Protection Curriculum**
  - ◆ Teaching **social skills, problem solving** and **conflict resolution skills** and encouraging **teamwork**.
  - ◆ Access to a **Counsellor & PCW** for students to talk to.
    - ◆ We are focused on teaching quality **Social and Emotional curriculum** across the school
      - ◆ Structured lunchtime activities and ample supervision
      - ◆ Implementation of the **'Play is the Way' program** across the school R-7.

## Useful Websites:

[www.decd.sa.gov.au](http://www.decd.sa.gov.au)

[www.kidsmatter.com.au](http://www.kidsmatter.com.au)

[www.childsafetyaustralia.com.au](http://www.childsafetyaustralia.com.au)

[www.bullyingnoway.gov.au/](http://www.bullyingnoway.gov.au/)

[www.bullying.com.au/school-bullying/](http://www.bullying.com.au/school-bullying/)

[www.cybersmart.gov.au](http://www.cybersmart.gov.au)

If you have any concerns about your child or would like more information or support, please contact your child's class teacher, School Counsellor, Deputy Principal or Principal

## SOLOMONTOWN PRIMARY SCHOOL

79 THREE CHAIN ROAD  
PORT PIRIE, SA 5540



Government of South Australia

Department for Education and  
Child Development

Solomontown Primary School



A Proud Past, A Bright Future



## Bullying and Harassment Policy



At Solomontown Primary School, we are committed to providing an environment that is safe, inclusive, conducive to learning and free from harassment and bullying

Phone: 8632 2191

## What is Bullying?

**Bullying** is any continuous, planned behavior aimed at upsetting someone. It can be physical, verbal, emotional or cyber-bullying.

### Physical Bullying includes:

- \* Hitting, pushing, touching, grabbing, fighting
- \* Looks, stares, facial expressions, gestures
- \* Spitting or throwing things at people
- \* Taking or damaging property

### Verbal or Written Bullying includes:

- \* Name calling, spoken or written insults, threats, swearing or abusive language
- \* Put downs, suggestive comments, spreading rumours, unfair criticism

### Emotional Bullying includes:

- \* Peer pressure (influencing, encouraging or organising someone else to be involved in any type of bullying or harassment).
- \* Excluding or intimidating people
- \* Body language
- \* Playing nasty jokes
- \* Letters or notes

### Cyber Bullying includes:

- \* Hurtful and disrespectful communication via email, voice and text messaging, social net-working sites, photographic and video images

## What is Harassment?

**Harassment** is unwanted behavior, which interferes with a persons right to feel safe, secure and comfortable. It can be racial, sexual or based on appearance or ability.

## How to recognise a person who is being bullied:

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- \* Is frightened of walking to or from school
- \* Doesn't want to go on the school bus
- \* Feels ill in the morning
- \* Begins to do poorly in school work
- \* Has possessions go "missing"
- \* Asks for money or steal money
- \* Is bullying other children or siblings
- \* Becomes withdrawn, anxious, or lacking in confidence
- \* Attempts to run away
- \* Is unwilling to go to school
- \* Cries him/herself to sleep at night
- \* Has nightmares
- \* Has unexplained cuts or bruises
- \* Becomes aggressive, disruptive or unreasonable

## What to do if your child is being bullied?

**Write down** the information of the bullying incident including when, where, what happened, who was involved (including bystanders) and any action your child may have taken to stop it.

**Arrange a meeting** for you and your child with their classroom teacher, School Counsellor, Deputy Principal or Principal

**Work with your child and the school** on a plan to keep your child safe, including strategies to avoid being bullied and responses to future bullying

**Restrict and monitor** your child's use of social media

***Please do not approach any children involved or their parents.***